FIR BANK PRIMARY

'Where everyone matters'

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Head Teacher: Rachael McLaughlin

Dear Parents/carers,

At Fir Bank Primary School, we are committed to ensuring that every child feels safe, valued and respected. From Monday 16th to Friday 20th November, we will be taking part in Anti-Bullying Week 2026, a national campaign coordinated across schools and colleges throughout the UK.

This year's theme is "Break the Silence." The campaign encourages children, young people and adults to speak up about bullying, listen to one another and work together to ensure everyone feels supported. It highlights the importance of creating safe environments where children feel confident to share concerns and seek help when they need it.

Throughout the week, pupils will take part in a range of age-appropriate activities, including:

- Whole-school assemblies focused on the Break the Silence theme.
- Classroom discussions about friendship, kindness, respect and inclusion.
- Activities that encourage children to speak up if they are worried about themselves or others.
- Learning about the impact of bullying, including online bullying and cyberbullying.
- Opportunities to explore how we can support one another and celebrate our differences.

As part of Anti-Bullying Week, we will also be taking part in Odd Socks Day on **Monday 16th November.** Children are invited to come to school wearing odd socks with their usual school uniform. Odd Socks Day is a fun way to celebrate individuality, diversity and the fact that we are all unique.

Kind regards,

Rachael McLaughlin
Headteacher