

WEEK ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish	Meat Dish	Meat Dish	Meat Dish	
Oven Baked Sausages <i>**cereals soya**</i>	Hot Pot	Roast Chicken & Stuffing <i>**cereals**</i>	Spaghetti Bolognese <i>**wheat**</i>	Fish Finger Baps <i>**wheat gluten fish**</i>
Vegetarian Dish	Vegetarian Dish	Vegetarian Dish	Vegetarian Dish	Vegetarian Dish
Salmon Nuggets <i>**fish**</i>	Tomato Pasta & Crusty Bread <i>**wheat**</i>	Cheesy Puffs <i>**eggs wheat gluten milk**</i>	Pizza Fingers <i>**cereals milk**</i>	VeggieRolls <i>**wheat**</i>
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Creamed Potatoes Peas/Baked Beans <i>**milk**</i>	Boiled Potatoes Cauliflower/Sweetcorn	Creamed/Roast Potatoes Carrots/Broccoli <i>**milk**</i>	Pommes Noisettes Peas/Sweetcorn	Chunky chips Baked Beans
Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish
Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar
Desserts	Desserts	Desserts	Desserts	Desserts
Fruit Flapjack Fresh Fruit/Yoghurt <i>**cereals milk**</i>	Rice Pudding & Jam Fresh Fruit/Yoghurt <i>**milk**</i>	Fruit Jelly Fresh Fruit/Yoghurt <i>**milk**</i>	Melting Moments Fresh Fruit/Yoghurt <i>**wheat milk**</i>	Iced Fingers Fresh Fruit/Yoghurt <i>**wheat milk**</i>

****Allergen Content****

WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish	Meat Dish	Meat Dish	Meat Dish	
Chicken Curry & Rice <i>**cereals mustard nuts **</i>	Meat & Potato Pie <i>** wheat milk **</i>	Roast Beef & Yorkshire Pudding <i>**milk eggs **</i>	Mediterranean Chicken Pasta <i>** wheat **</i>	Fish Finger Baps <i>** fish **</i>
Vegetarian Dish	Vegetarian Dish	Vegetarian Dish	Vegetarian Dish	Vegetarian Dish
Fish Cakes <i>** fish **</i>	Southern Fired Burgers (Quorn)	Cheese & Potato Parcels <i>** milk eggs **</i>	Tuna /Sweetcorn Wraps <i>** wheat fish **</i>	Pizza Fingers <i>** milk **</i>
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Boiled Potatoes Peas/Carrots	Pommes Noisettes Broccoli/Sweetcorn	Creamed & Roast Potatoes Vegetable Medley/ Cauliflower <i>** milk **</i>	Herby Diced Potatoes Peas/Carrots	Chunky Chips Spaghetti Hoops
Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish
Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar
Desserts	Desserts	Desserts	Desserts	Desserts
Dusted Choc Squares Fresh Fruit & Yoghurt <i>** wheat milk eggs **</i>	Anzac Biscuits Fresh Fruit & Yoghurt <i>** wheat milk eggs **</i>	Ice Cream & Wafers Fresh Fruit & Yoghurt <i>** milk **</i>	Fruit Mousse Fresh Fruit & Yoghurt <i>** milk **</i>	Assorted Biscuits Fresh Fruit & Yoghurt Milkshake <i>** wheat milk **</i>

****Allergen Content****

WEEK THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish	Meat Dish	Meat Dish	Meat Dish	
Beef Lasagne & Garlic Bread <i>** wheat soya cereal milk**</i>	Homemade Sausage Rolls <i>** wheat **</i>	Roast Chicken & Stuffing <i>** cereal **</i>	Pizza Fingers <i>** milk **</i>	All Day Breakfast Scrambled Egg Sausage, Bacon, Hash Brown <i>** egg cereal soya **</i>
Vegetarian Dish	Vegetarian Dish	Vegetarian Dish	Vegetarian Dish	Vegetarian Dish
Veggie Rolls <i>** wheat **</i>	Mediterranean Pasta Bake	Southern Fried Bites (Quorn)	Salmon Nuggets <i>** fish **</i>	Assorted Sandwiches <i>** fish milk wheat **</i>
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Seasoned Potato Wedges Broccoli/Peas	New Potatoes Baked Beans	Creamed & Roast Potatoes Carrots/Cauliflower <i>** milk **</i>	Herby Diced Potatoes Sweetcorn/Peas <i>** wheat **</i>	Chunky Chips Baked Beans/Sweetcorn
Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish
Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar
Desserts	Desserts	Desserts	Desserts	Desserts
Flapjacks Fruit Fresh/Yoghurt <i>** milk cereals**</i>	Jelly & Fruit Fruit Fresh/Yoghurt <i>** milk **</i>	Iced Fingers Fruit Fresh/Yoghurt <i>** milk **</i>	Lemon Sponge & Custard Fruit Fresh/Yoghurt <i>** egg milk wheat **</i>	Orange/strawberry Iced - Smoothie Fresh Fruit/Yoghurt <i>** milk **</i>

****Allegen Content****

WEEK FOUR

Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish	Meat Dish	Meat Dish	Meat Dish	
Beef Burger in a Bun <i>** cereals **</i>	Chicken Balti & Rice <i>** cereals mustard nuts **</i>	Sliced Turkey in Gravy	Chicken Pie <i>** wheat **</i>	Fish Finger Baps <i>** fish wheat **</i>
Vegetarian Dish	Vegetarian Dish	Vegetarian Dish	Vegetarian Dish	Vegetarian Dish
Fish Cakes <i>** fish **</i>	Cheese & Tomato Quiche <i>** eggs wheat milk **</i>	Veggie Fingers	Tuna & Tomato Toasties <i>** fish wheat **</i>	Pizza Fingers <i>** milk wheat **</i>
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Pommes Noisettes Sweetcorn/Peas	Boiled Potatoes Mixed,Veg/Beans	Creamed Potatoes/ Croquettes/Carrots/ Broccoli <i>** milk **</i>	New Potatoes Cauliflower/Sweetcorn	Chunky Chips Spaghetti Hoops
Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish
Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar	Baked Potato & Filling Salad Bar
Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish
Assorted Biscuits Fresh Fruits/Yoghurt <i>** milk **</i>	Dusted Fruit Sponge Fresh Fruits/Yoghurt <i>**eggs milk wheat cereal**</i>	Fruit Mousse Fresh Fruits/Yoghurt <i>** milk **</i>	Jam and Coconut Slice Fresh Fruits/Yoghurt <i>** egg milk wheat **</i>	Gingerbread Men Fresh Fruits/Yoghurt Milkshake <i>** milk wheat egg**</i>

****Allergen Content****