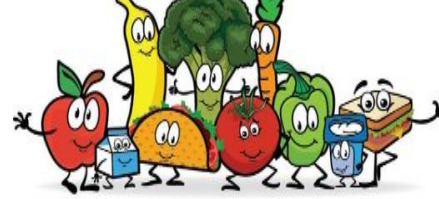


WEEK 1	<u>FIR BANK PRIMARY SCHOOL MENU AUTUMN AND WINTER</u>			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oven Baked Sausages	Pasta Bolognese with Garlic Bread	Roast Chicken with Stuffing	Homemade Sausage Rolls	Margarita Pizza
Quorn Burger	Assorted Wraps with	Salmon Nuggets	Vegetable Rolls	Assorted Sandwiches Chunky Chips
New Potatoes Peas or Baked Beans	Plain Pasta Broccoli or Sweetcorn	Creamy Mash Potato Carrots and Peas	Herby Diced Potatoes Spaghetti Hoops	Baked Beans
Baked Potato with Assorted Fillings Fresh Salad Bar	Baked Potato with Assorted Fillings Fresh Salad Bar	Baked Potato with Assorted Fillings Fresh Salad Bar	Baked Potato with Assorted Fillings Fresh Salad Bar	Baked Potato with Assorted Fillings
Anzac Biscuits Fresh Fruit or Yoghurt	Rice Pudding with Jam Fresh Fruit Salad or Yoghurt	Fruit Flapjack Fresh Fruit or Yoghurt	Chocolate Cake Fresh Fruit Salad or Yoghurt	Freshly Baked Biscuits Fresh Fruit or Yoghurt MILKSHAKE
PLEASE NOTE: ALLERGY LIST				



WEEK 2	<u>FIR BANK PRIMARY SCHOOL MENU AUTUMN AND WINTER</u>			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Savoury Mince Pie	Chicken Curry & Rice Naan Bread	Mince Beef and Dumplings	Rosie & Jim's Chicken Strips	Margarita Pizza
Tomato Pasta	Fish Fingers	Fish Cake	Cheese and Onion Pie	Assorted Sandwiches
Creamy Mash Potato Vegetable Medley	Herby Diced Potatoes Peas or Baked Beans	New Potatoes Carrots or Broccoli	Roast Potatoes Baked Beans	Chunky Chips Spaghetti Hoops
Baked Potato with Assorted Fillings Fresh Salad Bar	Baked Potato with Assorted Fillings Fresh Salad Bar	Baked Potato with Assorted Fillings Fresh Salad Bar	Baked Potato with Assorted Fillings Fresh Salad Bar	Baked Potato with Assorted Fillings
Fruit Muffins Fresh Fruit Salad or Yoghurt	Ice Cream with Wafers Fresh Fruit or Yoghurt	Chocolate Brownies Fresh Fruit or Yoghurt	Fruit Mousse Fresh Fruit Salad or Yoghurt	Shortcake Rounds Fresh Fruit or Yoghurt MILKSHAKE
PLEASE NOTE: ALLERGY LIST				



WEEK 3	<u>FIR BANK PRIMARY SCHOOL AUTUMN AND WINTER</u>			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Lasagne with Ciabatta Bread	Beef Burger in a Bun	Chicken in Gravy	Hotdogs on a Roll	Cheese & Tomato Pizza
Starfish	Assorted Sandwiches	Cheese Quiche	Vegan Pasties	Assorted Sandwiches
New Potatoes Sweetcorn or Peas	Herby Diced Potatoes Baked Beans	Creamed Mash Potato Carrots or Broccoli	Pomms Sweetcorn or Baked Beans	Spaghetti Hoops
Baked Potato Assorted Fillings	Baked Potato Assorted Fillings	Baked Potato Assorted Fillings	Baked Potato Assorted Fillings	Baked Potato Assorted Fillings
Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar
Iced Buns Fresh Fruit or Yoghurt	Syrup Sponge & Custard Fresh Fruit Salad or Yoghurt	Fruity Flapjack Fresh Fruit or Yoghurt	Lemon Drizzle Cake Fresh Fruit Salad or Yoghurt	Ice Cream Tubs Fresh Fruit or Yoghurt
PLEASE NOTE ALLERGY LIST				